



Senior

# Girl Scout Way

**A**s a Girl Scout Senior, you might feel like life is a balancing act. On one hand, you're holding tight to the comforts of home and what's familiar—and on the other, you're excited to open yourself up to the possibilities in the larger world. In this badge, you'll share the Girl Scout way in your environment and bring together generations of Girl Scouts. Use the imagination and inspiration that comes with this unique moment in your life to carry Girl Scouting forward—and perhaps find some grounding for the future in the traditions of the past.

## Steps

1. Explore Girl Scout music
2. Help younger Girl Scouts celebrate a special day
3. Spread sisterhood through the Girl Scout Law
4. Leave your environment better than you found it
5. Enjoy Girl Scout traditions!

## Purpose

When I've earned this badge, I'll know how to use the Girl Scout ways and traditions to make the world a better place.

*"Ours is a circle  
of friends united  
by ideals."*

— Juliette Gordon Low,  
founder of the Girl Scouts

Every step has three choices. Do ONE choice to complete each step. Inspired? Do more!

## STEP 1 Explore Girl Scout music

Singing brings us all together and helps us feel connected, strong, and proud. Girl Scouts sing in special places or to mark special times—or sometimes just for the fun of it! As a Senior, dig into the Girl Scout songs that have connected our Movement across time and space.

### CHOICES – DO ONE:

- Add to the canon of Girl Scout songs!** Find popular songs that convey something about the Girl Scout spirit, or write your own words to a pop song with a catchy beat. Teach it to your Senior sisters, then sing it together at a Girl Scout event.

OR

- Trace the roots of traditional Girl Scout songs.** Find three songs Girl Scouts like to sing from cultures around the world. Learn their history and how they changed as they passed from the original languages into English. Are the songs part of a traditional celebration? If you can, find out how each became a Girl Scout song. Then learn to sing the songs, teach them to a group of younger Girl Scouts, and share what you learned about the songs.

**FOR MORE FUN:** Hold a traditional celebration, and perform your song there.

OR

- Preserve old Girl Scout songs.** Reach out to Girl Scout alumnae who love to sing, and make recordings of them singing their favorite old songs. From the recordings and your time with these women, learn the songs and teach them to a group of younger Girl Scouts.

## The World Song

The World Song, which highlights the principles and spirit of the Girl Scout and Girl Guide Movement, was adopted in 1950 at the 13th World Conference in Oxford, England. The music, originally composed as a march for one of Finland's oldest Scout companies, was adapted, with the composer's approval, from Finnish composer Jean Sibelius's March, Opus 91b. The World Song was first published with English words by Gavin Ewart, in 1952. You can listen to the song at the Girl Scout website.

## The World Song

Our way is clear as we march on  
And see! Our flag on high  
Is never furled  
throughout the world  
For hope shall never die!  
We must unite for what is right  
In friendship true and strong  
Until the earth  
In its rebirth  
Shall sing our song!  
Shall sing our song!

**STEP****2 Help younger Girl Scouts celebrate a special day**

Girl Scout celebrations honor women and girls who change the world. As a Senior, help younger Girl Scouts celebrate a special day. Use your leadership skills to encourage leadership in a younger group of girls, guiding them to turn their ideas and imaginations into a successful event!

**CHOICES – DO ONE:**

- Celebrate for the Girl Scout Way badge.** As step 2 of their Girl Scout Way badges, each level of girls celebrates a different occasion: for Brownies, it's Juliette Gordon Low's birthday; for Juniors, it's the Girl Scout Birthday; and for Cadettes, it's Girl Scout Week. Review how each group can complete each step, and assist them in bringing their celebration to life. Think like the pros, and consult with the girls on their choices for fun themes, decorations, games, activities, and songs!

OR

- Help younger girls bridge up.** Bridging ceremonies honor girls' growth and all they've learned and accomplished as Girl Scouts—and all they will do in the future! Help girls create a fun and meaningful bridging ceremony they'll always remember.

OR

- Share in planning and carrying out a Scouts' Own.** Use your experience to help girls make their ceremony even more special—what tips and inspiration can you bring from your favorite ceremonies? How can you help add even more passion, heart, and substance to the ceremony?

**More to Explore**

**Share your technical know-how.** Offer to photograph or film the special day and then show a digital slide presentation or videos.

**Scouts' Own**

*“A voluntary uplifting of their hearts . . . in thanksgiving for the joys of life.” In these words, Lord Baden-Powell described the quiet and reverent communion known as Scouts' Own.*

—Senior Girl Scout Handbook, 1963



**A Scouts' Own** may be a carefully planned and rehearsed ceremony, or it may be an almost spontaneous time when Girl Scouts reflect together on a shared experience. Anytime and anyplace where Girl Scouts are gathered together, indoors or out, is the right time and place! The beauty of nature, unusual examples of honor or courage or kindness, inspiration in music or art—any of these would be great themes. A good Scouts' Own brings the theme to life through poetry, stories, music, and pictures. Whatever the theme, it is the “uplifting of hearts” that really makes this ceremony a traditional Scouts' Own.

## More to Explore

Be a Sister to Other Women. Seniors earning their Community Action interest



patch in 1963 shared sisterhood in a variety of ways. Follow in the Girl Scout tradition of welcoming and respecting diversity by choosing a group of women from one of these areas to host, help, or otherwise assist:

- Help a family newly arrived from another country to settle in your community and get acquainted with your neighborhood and its people.
- If there is a college or university in your community, help make foreign students feel welcome. Talk to the foreign-student adviser of the college to find out what particular service you could give.
- Offer to serve as hosts or guides to international visitors who need language help while they are in your community.

### STEP

## 3 Spread sisterhood through the Girl Scout Law

**“Sisterhood” doesn’t just mean sisters in your family. All the girls and women who are Girl Scouts try to live by the Girl Scout Law. That’s what unites us as a Girl Scout sisterhood. In your Senior badge, reflect on the Law’s ten important lines, and share your thoughts and inspiration with your sisters.**

### CHOICES – DO ONE:

- Create your own list of laws tied to the Girl Scout Law.** As a Senior, the world is opening up to you. As you head out to explore it, change it, and enjoy it, think about how you’ll carry on the Girl Scout ways. Write out the lines of the Girl Scout Law, and under each write one specific commitment or action you want incorporate into your life. Share your list with your Girl Scout sisters, and discuss their ideas, too.

OR

- Help define the Girl Scout Law.** Sometimes it’s hard to know exactly how to put the concepts of the Law into practice. For example, does “respecting authority” only mean following rules and laws? Does being courageous mean saving someone’s life, or can it also mean standing up for what you believe in, even when others disagree? For each line of the Law, write some examples you’ve seen in your life—whether the actions were by Girl Scouts or by other leaders you respect. Then share your list with younger Girl Scouts, and ask for their ideas, too!

OR

- Focus on one line, and use it to expand sisterhood.** For example, you might choose “respect myself and others,” and share it by inviting members of women’s groups at local places of worship to share their religious and cultural traditions with you and other Girl Scouts. Or you might choose “use resources wisely,” and invite a woman who works in waste management to share her recycling, composting, or water-saving tips with two different groups of Brownies that are both working on their Household Elf badge (where they learn to be clean and green) or their WOW! Journey (where they learn to love and care for water). The goal is to bring sisters together through our Law.

I will do  
my best to be...

...a sister to  
every Girl Scout.

**STEP****4 Leave your environment better than you found it**

It's the Girl Scout way to care about the world around us—whether it's a room, a campground, or the world. As a Senior, help protect and promote your environment.

**CHOICES – DO ONE:**

- Plant the seed of a Take Action project.** Interview parks or community recreation staff about the biggest challenges and constraints they have in keeping their area clean and green. What issues could Girl Scouts help address—or what issues need innovative solutions? Brainstorm ideas that you or other Girl Scouts might put into action in Take Action projects for your *It's Your Planet—Love It!* Leadership Journeys. (You might use strategies from your Social Innovator badge!) Keep your list as inspiration, and share it with other Girl Scouts, too.

**OR** -----

- Beautify your environment.** Work with a community arts council or local artists to organize and execute a mural, theme garden, or other large-scale art project on a council property, at your school, or an area building. Invite younger Girl Scouts to help come up with and create the project. Get permission first if your project is permanent.

**FOR MORE FUN:** Juniors completing their Gardener badge need to plant a garden—could you all work together?

**OR** -----

- Leave the human “environment” better than you found it.** For one week, make it your practice to leave the people you encounter feeling “better than you found them.” Do at least one concrete action each day. Example activities might be: surprising your parents by playing their favorite song on an instrument, making a point of telling your soccer teammates why you think each of them is a great player, addressing a friendship conflict, or baking homemade fortune cookies with fun messages inside and passing them out to classmates.

## Careers that Spread the Girl Scout Way

Author

International development worker

Cultural exchange coordinator

International education worker

Chief Executive Officer

Chief Operations Officer

Chief Financial Officer

Chief Technology Officer

Interpreter

Public defender

Museum donations manager

Lobbyist

Fair housing advocate

Social services case worker

Home nurse

Environmental educator

Historic preservationist

Girls' education researcher

School administrator

Advocate for victims of domestic violence

Social innovator

Religious leader

University administrator

Corporate team-building expert

Student provost

## STEP 5 Enjoy Girl Scout traditions!

Traditions bring people together. A tradition can be a special food, a ceremony, a song—anything that's passed along through the years. Celebrate and share with others all that Girl Scouting does for girls, and help those traditions stay strong for another 100 years (and more!).

### CHOICES – DO ONE:

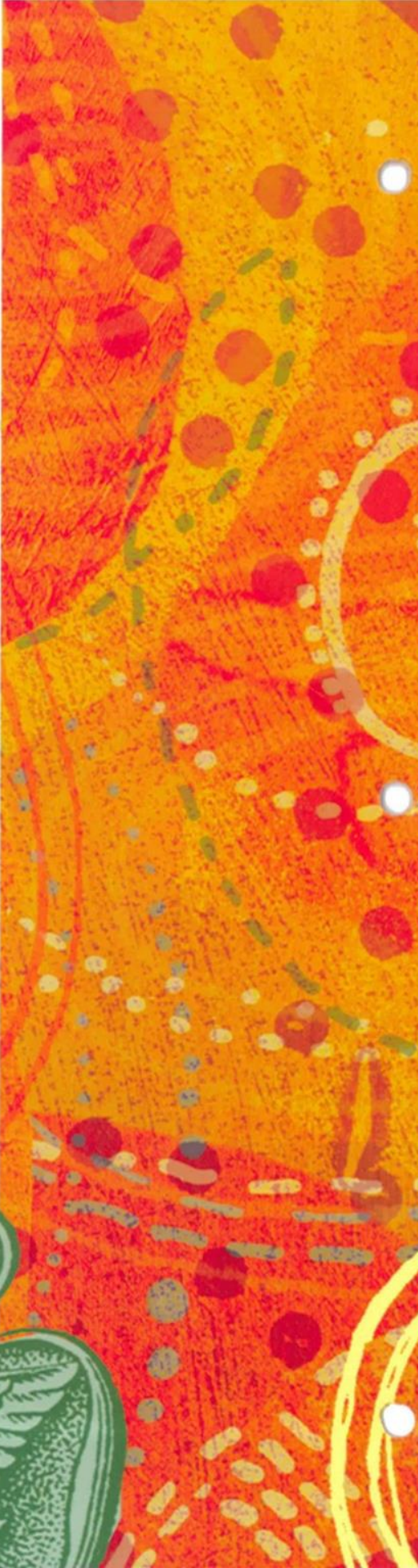
- Learn from famous Girl Scouts.** Research the biographies of three famous Girl Scouts or Girl Guides in different professional fields. Know their backgrounds, accomplishments, leadership qualities, and how their lives reflect the values of the Girl Scout Law. Share your stories about how Girl Scouting prepares girls for future success with parents of younger Girl Scouts and interested community members (perhaps those who've helped girls in your area with Leadership Journeys!).

OR

- Advance diversity.** Talk with current or alumnae Girl Scouts, volunteers, or staff, or go online to get statistics and stories about diversity in the Girl Scouts. Then, take one action to help make the Girl Scouts an organization every girl has access to. Perhaps it's helping your volunteer team hold a "Get to Know Girl Scouts" night for families from diverse groups, or introducing kindergartners in an immigrant community to the Flower Friends.

OR

- Showcase your own traditions.** First, watch *The Golden Eaglet*, a promotional film for the Girl Scouts made in 1918. Talk with your Senior friends about the similarities and differences in Girl Scouts now and then. Finally, make a three-minute film or digital slide show that shares your ideas about why Girl Scout traditions are important and how they benefit girls. Girls who see it might be inspired to get involved in the fun, friendship, and action!



# A FEW FAMOUS GIRL SCOUTS

**MADELEINE ALBRIGHT**  
former U.S. Secretary  
of State

**SHIRLEY TEMPLE BLACK**  
former actress and  
former U.S. ambassador

**MARTHA STEWART**  
TV personality, CEO Martha  
Stewart Living Omnimedia

**SHERYL CROW**  
singer

**SANDRA DAY O'CONNOR**  
former Associate Justice,  
U.S. Supreme Court

**RITA DOVE**  
1993 US Poet Laureate

**ANN MOORE**  
former CEO of Time Inc.  
and former publisher  
of *People* magazine

**JANET RENO**  
former U.S. Attorney General

**ANNE D'HARNOUCOURT**  
former director and CEO of  
Philadelphia Museum of Art

**GLORIA STEINEM**  
author

**DEBBI FIELDS**  
founder of  
Mrs. Fields Cookies

**LINDA GOODMAN**  
astrologer

**MAE JEMISON**  
astronaut

**KAREN KAIN**  
prima ballerina

**REBECCA LOBO-RUSHIN**  
WNBA basketball player

**ANNE SWEENEY**  
president of Disney/  
ABC television group

**JUANITA WALLS**  
former FBI agent

**BARBARA WALTERS**  
journalist, TV host

**SHEILA WIDNALL**  
former U.S. Secretary  
of the Air Force

**HEATHER WHITESTONE**  
Miss America 1995



## **Add the Badge to Your Journeys**

Your Leadership Journeys engage you in Taking Action to change the world. That's an important Girl Scout way, too! When you earn the Leadership award in your Journey, be sure to throw a celebration—and add in your favorite tradition, whether it's a song, a recipe, or the friendship circle.

### **Now that I've earned this badge, I can give service by:**

- Educating others about the Girl Scouts' history of fostering diversity, and helping to carry that tradition forward
- Helping other Girl Scouts brainstorm Take Action projects that help our environment
- Sharing older Girl Scout songs—and keeping them alive!

---

### ***I'm inspired to:***